Instructions to Authors

Email submissions to editorOA@outlook.com

Manuscript requirements
The manuscript should be in MS Word (Arial font 11) with UK English spelling and single line spacing.

Pages must be numbered, except for the title page.

- **Research**: up to 3000 words, 30 references
- **Review article**: up to 4000 words, 40 references
- **Case report**: up to 1500 words, 10 references
- **Letters**: up to 1000 words, 5 references

Word count excludes title page, summary, and references.

Title page
- **Type of manuscript** (Research, Case report, Letter)
- **Title** (up to 20 words)
- **Authors**: First Author\(^1\), Second Author\(^2\)
  - Primary institution, city, country, email for each author. Do not include author qualifications.
  - Corresponding author's e-mail address.
- **Presentation** at any meeting, location, and date.
- **Acknowledgement** – (e.g. Individuals who helped but do not qualify to be an author).
- **Author confirmation**:
  - Manuscript has not been published before and is not under consideration for publication elsewhere
  - All authors meet the requirements of authorship as per ICMJE guidelines
  - Relevant consent and approvals from patients / next of kin / authorities obtained
  - Permission obtained for any copyrighted content in the manuscript
  - Conflict of interests declared
  - Funding source declared
  - All authors consent to the transfer of copyright of submitted content to journal (print or digital version) once manuscript is accepted for publication

Summary (Fresh page) – Up to 250 words. Only required for research and review articles.

Main text (Fresh page)
- **Research studies headings** : Introduction, Methods, Results and Discussion in **BOLD UPPERCASE**, with subheadings in **bold lowercase**.
- **Case reports headings** : include Introduction, Description and Discussion in **BOLD UPPERCASE**.
- Avoid abbreviations except for SI unit measurements. http://www.icmje.org/recommendations/browse/manuscript-preparation/preparing-for-submission.html#
- **Tables** should be produced either as Word documents or Excel spreadsheets. Do not send tables as photographs (jpeg, gif or tiff) as these cannot then be edited.
- **Colour photographs** preferred. Patients must not be identifiable from the images. **Figures** should have a minimum of 300 dpi resolution.

References (Fresh page)
- Number using superscripts in the text. List up to six authors, and the remainder as et al. Follow ICMJE Guidelines (http://www.nlm.nih.gov/bsd/uniform_requirements.html).
- Examples:

Legend for Figure(s) / Table(s) (Fresh page)

Appendices (Fresh page)
- Additional information (e.g. survey questionnaire).